



The Brightwell 100 Wishlist updated July 2023

The Brightwell 100 initiative was launched in February 2022 and thanks to the generosity of supporters, we have already been able to put funds towards the new oxygen generation project, the new terrace & garden area, physio team uniforms and equipment, plus new IT equipment for staff and volunteers. Our most recently funded projects are training and start-up equipment for the new FES Clinic and a donated commercial dishwasher, for the café. Brightwell 100 members have also donated labour and discounted goods to help with emergency boiler replacement and donated equipment for the new café. We also have ongoing financial support with sponsored merchandising.

Other money raised from all the numerous fundraising activities, funding from grants and donations from trusts planned and sourced by the Fundraising Team at The Brightwell, will be used to focus on ensuring that The Brightwell's overheads and running costs are covered. The overall fundraising ensures that therapies are affordable and no one living with a neurological condition is ever turned away, which in most cases means individuals' physio and oxygen sessions are subsidised by the charity.

Therefore, every pound raised through the Brightwell 100's corporate fundraising is allocated to specific projects and enhancements from the Wishlist, adding real and immediate value.

The Brightwell 100 is looking to support the charity's "Project Green" fundraising. We have already received £5,000 from a Brightwell 100 supporter, which was used to change all the outdoor lighting to LED. The next step is to replace all the lighting in the physiotherapy department. Due to limited natural light and constant use, the conversion to LED will give immediate energy cost savings. The other items on the list are items to enhance our service users' experiences. We are now looking for businesses to support us with this fundraising for the items on the list below.

We want to introduce talking therapies for members and their carers. There is very little, if any, support through the NHS, or other routes, for those living with neurological conditions, in particular MS. We are looking to offer counselling and peer-to-peer sessions, including art and music therapy, for our service users. We would also like to offer support to those who are carers too. Most carers, looking after our members are partners or relatives and this can put a great strain on families.

It is important to note that this is not a one-way relationship, and we are keen for all Brightwell 100 members to be involved as much as they would like to be. Full benefits of joining this network of supporters and details of existing members can be found at www.thebrightwell.org.uk/brightwell-100

Please follow us on LinkedIn and sign up to our blog to keep up to date with all our news and events, the links are below.

If you would like to discuss any of these items in more detail or to discuss any other queries regarding becoming a Brightwell 100 member, please contact me.

Thanking you in anticipation.

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Wishlist July 2023

Project Green

Replacement LED lighting for the physiotherapy department	£4,000
Electric car charging points for members	£1,575

Oxygen Department

30 Oxygen masks for users in the chamber	£1,350
50% Oxygen Therapy Co-ordinator cost pa	£9,850
2 x Foldaway emergency evacuation chairs	£1,400

Physiotherapy Department

Physiotherapy wide plinth for 1:1 therapy	£1,700
Electric toning table for passive exercise	£4,800

Talking Therapies/Counselling

12 x monthly 1.5-hour counselling/support sessions for 10 – 12 members	£2,250
12 x monthly 1.5-hour counselling/support sessions for 10 – 12 carers	£2,250
12 x monthly 1.5-hour art therapy sessions for 10 – 12 members	£2,500
12 x monthly 2-hour music therapy sessions for 10 – 12 members	£2,500

Café area and Events

PA system for Quiz/ Bingo Nights, Bluetooth mic and zoned speakers	£490
Kitchen rack for dry goods storage	£150
5 x foldaway banqueting tables for events	£350
8 x foldaway tables with wheeled storage trolley	£725

Service Users Enhancement

Replacement blinds for therapy rooms	£460
6 x High back, vinyl easy access armchairs	£2,400
3 x Tables for wheelchair access for café area	£900
Glass display unit for higher value items to sell for fundraising	£650

Garden and outdoors

Pressure washer for outdoor cleaning	£250
Wheelbarrow for group gardening	£100
Garden tools: shears/branch loppers/hand tools/secateurs	£400
Cordless impact drill	£180
Water Butt and water storage tank	£235

THANK YOU VERY MUCH